

Name.....

### Utrecht Gender Dysphoria Scale Adolescent Version

	Agree Completely	Agree Somewhat	Neutral	Disagree Somewhat	Disagree Completely
1. My life would be meaningless if I would have to live as a boy	1.				
2. Every time someone treats me like a boy I feel hurt	2.				
3. I feel unhappy if someone calls me a boy	3.				
4. I feel unhappy because I have a male body.	4.				
5. The idea that I will always be a boy gives me a sinking feeling.	5.				
6. I hate myself because I'm a boy	6.				
7. I feel uncomfortable behaving like a boy, always and everywhere	7.				
8. Only as a girl my life would be worth living	8.				
9. I dislike urinating in a standing position	9.				
10. I am dissatisfied with my beard growth because it makes me look like a boy	10.				
11. I dislike having erections	11.				
12. It would be better not to live than to live as a boy	12.				